



# The Six Figure Portfolio Coaching Program Boot Camp Session One



#### Welcome

- Moderators: David Durham and Emily Norris
- Coaching Sessions: 4:00 PM EST
- Live Trading Sessions: Tuesdays TBD
- Email notification of start times
- All sessions will be recorded and posted on the web site



#### Customer Care

- Calendar of session dates on web site
- Email: support@tradersreserve.com
- Call: 866-258-3008 (9:00 AM 5:00 PM Eastern)

# Program Goals



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- The discipline, knowledge, skill and experience to navigate and exploit stable and volatile markets

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- A few years from now you fire me
- The discipline, knowledge, skill and experience to navigate and exploit stable and volatile markets
- The bottom line upon completing the program, you think like an investor and trade like a trader in all parts of your portfolio

## Program Format



- Sessions begin 4:00 pm EST
- Trading sessions the day after evening coaching sessions at 12:00 EDT
- All sessions recorded
- Alerts to manage, open and close positions
- Questions to support@tradersreserve.com

#### Program Overview



- Boot Camp
- Session One + Trading = Puts
- Session Two + Trading = Calls
- Session Three + Trading = Managing Positions + PIPC
- Session Four + Trading = Advanced Tactics

This program is not about algorithms or formulae, this is not about using math to create false certainty. It is about process and decision making.

# Boot Camp Overview



Session One = Self Assessment

## Boot Camp Overview



- Session One = Self Assessment
- Session Two = Setting Goals + Capital Allocation

## Boot Camp Overview



- Session One = Self Assessment
- Session Two = Setting Goals + Capital Allocation
- Session Three = Finding the Perfect Income Stocks,
   Position Sizing and Tracking Performance

We are in an atypical market with enhanced volatility

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- The universe of opportunities has expanded
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- Leveraged positions riskier
- We will deal with the dynamics of today's market session by session



Sell, not buy



- Sell, not buy
- Finding the best puts to sell



- Sell, not buy
- Finding the best puts to sell
- Evaluating opportunities using rates of return



- Sell, not buy
- Finding the best puts to sell
- Evaluating opportunities using rates of return
- Creating a position



- Sell, not buy
- Finding the best puts to sell
- Evaluating opportunities using rates of return
- Creating a position
- Managing a position = rolling, closing early, taking losses, accepting shares



Sell calls against your current portfolio



- Sell calls against your current portfolio
- Sell calls against new positions



- Sell calls against your current portfolio
- Sell calls against new positions
- Finding the "best call" using rates of return



- Sell calls against your current portfolio
- Sell calls against new positions
- Finding the "best call" using rates of return
- Rolling calls



- Sell calls against your current portfolio
- Sell calls against new positions
- Finding the "best call" using rates of return
- Rolling calls
- Using calls to hedge your positions

The simple math

- The simple math
- When to roll/accept shares

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- When to roll/accept shares
- Creating indifference to assignment

- The simple math
- When to roll/accept shares
- Creating indifference to assignment
- When to take losses



PIPC = Perpetual Income Portfolio Strategy



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- A primary focus on cash generation



- PIPC = Perpetual Income Portfolio Strategy
- A primary focus on cash generation
- Indifference to assignment



- PIPC = Perpetual Income Portfolio Strategy
- A primary focus on cash generation
- Indifference to assignment
- A core basket of stocks traded for years, not months

#### Advanced Tactics



LEAP/Call positions



- LEAP/Call positions
- Mixed share/LEAP positions



- LEAP/Call positions
- Mixed share/LEAP positions
- Silly puts revisited



- LEAP/Call positions
- Mixed share/LEAP positions
- Silly puts revisited
- Hedging your portfolio



- LEAP/Call positions
- Mixed share/LEAP positions
- Silly puts revisited
- Hedging your portfolio
- Hedging individual positions



Positions based on coaching tactics



- Positions based on coaching tactics
- 2 to 3 trades per session



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- Alerts go out immediately after the session



- Positions based on coaching tactics
- 2 to 3 trades per session
- Alerts go out immediately after the session
- Q&A



#### Here We Go



This program is all about you, changing your ability to generate income while *reducing* your risk in the market



The *most important* component of trading and investing is recognizing and repeatedly reviewing your strengths and limitations

The math is easy – understanding what's best for you is hard



# How much of my portfolio should I commit to equities?

## How much of my portfolio should I commit to *income*?

# How much of my portfolio should I commit to selling *options*?

## How much of my portfolio should I commit to this *trend*?

## How much of my portfolio should I commit to this *stock*?

## How much of my portfolio should I commit to this *trade*?

## How much of my portfolio should I commit to this *tactic*?

## Can I think like an *investor* and trade like a *trader*?

#### Self-Assessment



#### Why Self Assessment



- The Observer Effect
- A form of reactivity in which subjects modify an aspect of their behavior, in response to their knowing that they are being studied



Results illustrate current readiness for trades



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  - Psychological



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  - Practical



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- A high score is not a reason for a pat on the back



- Results illustrate current readiness for trades
  - Psychological
  - Practical
- A high score is not a reason for a pat on the back
- A low score is not a reason for concern



• Time, Availability, Emotion = 10 to 43



- Time, Availability, *Emotion* = 10 to 43
- Experience = zero to 48



- Time, Availability, *Emotion* = 10 to 43
- Experience = zero to 48
- Resources + Current Portfolio = 4 to 50



- Time, Availability, Emotion = 10 to 43
- Experience = zero to 48
- Resources + Current Portfolio = 4 to 50
- Income Needs and Goals = 2 to 48



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- Total Score = 16 to 189



- Time, Availability, Emotion = 10 to 43
- Experience = zero to 48
- Resources + Current Portfolio = 4 to 50
- Income Needs and Goals = 2 to 48
- Total Score = 16 to 189
- A guide for all of us

#### Time, Availability, Emotion



< 20 = Emotional trader <20 = Nervous trader



#### Time, Availability Emotion

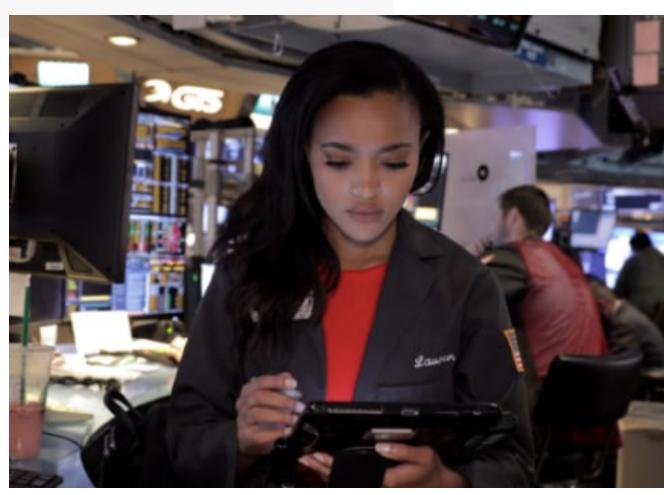


> 40 = Ready to rock





#### New figures show women make better traders than men on every metric imaginable



### Experience

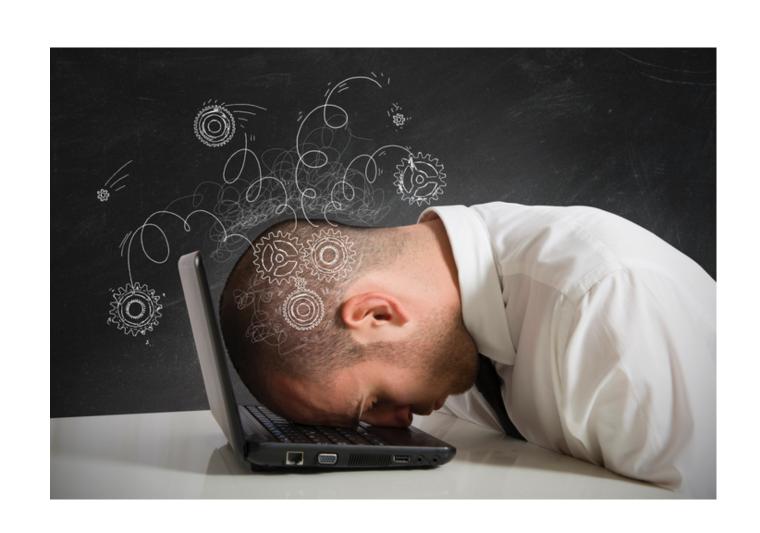




< 15 = not enough

## Experience



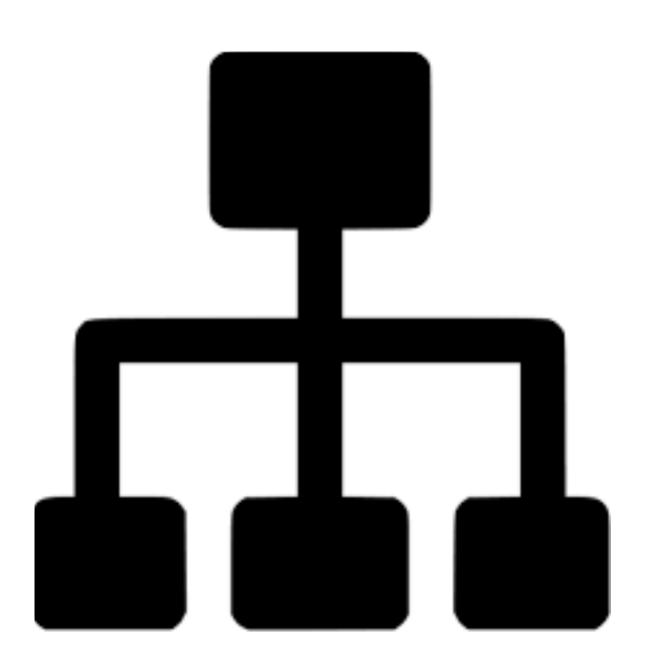


> 43 = too muchexperience

#### Resource Allocation



<30 too little thought

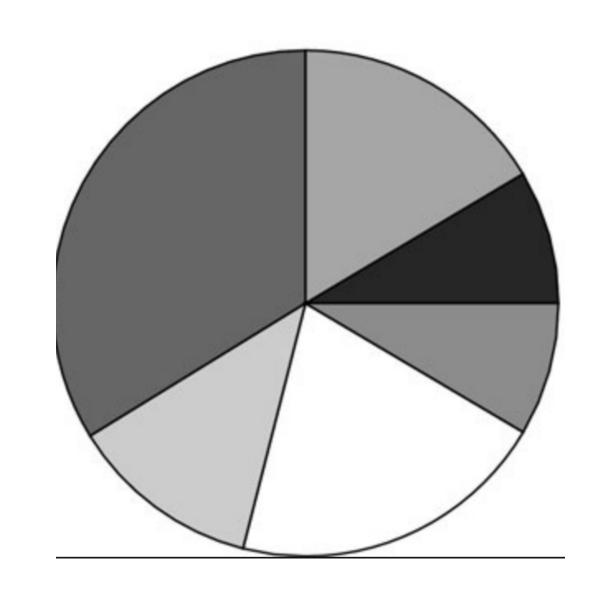


> 45 too much thought

#### Income + Goals



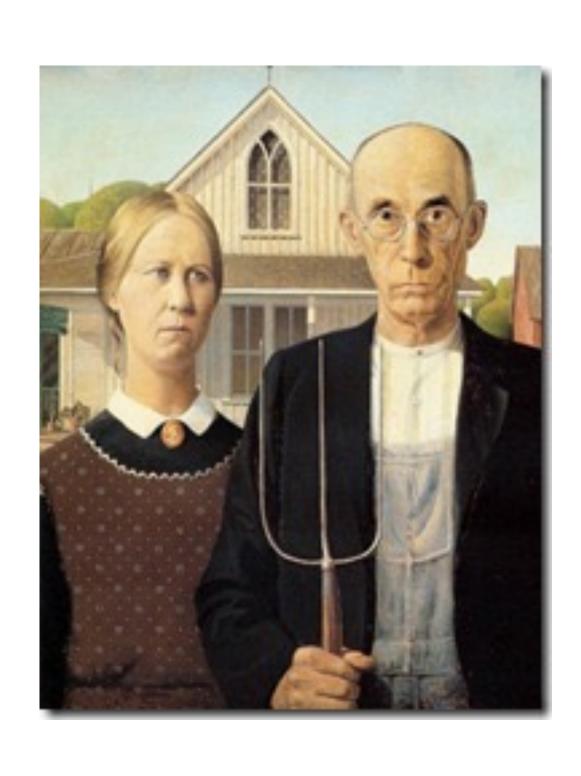
< 25 = portfolio seriously misaligned for income



> 45 = almost there

## The Typical Investor





Total Score < 140

#### Your Profile



The single *most important* component of trading and investing is recognition and ongoing review of your strengths and limitations

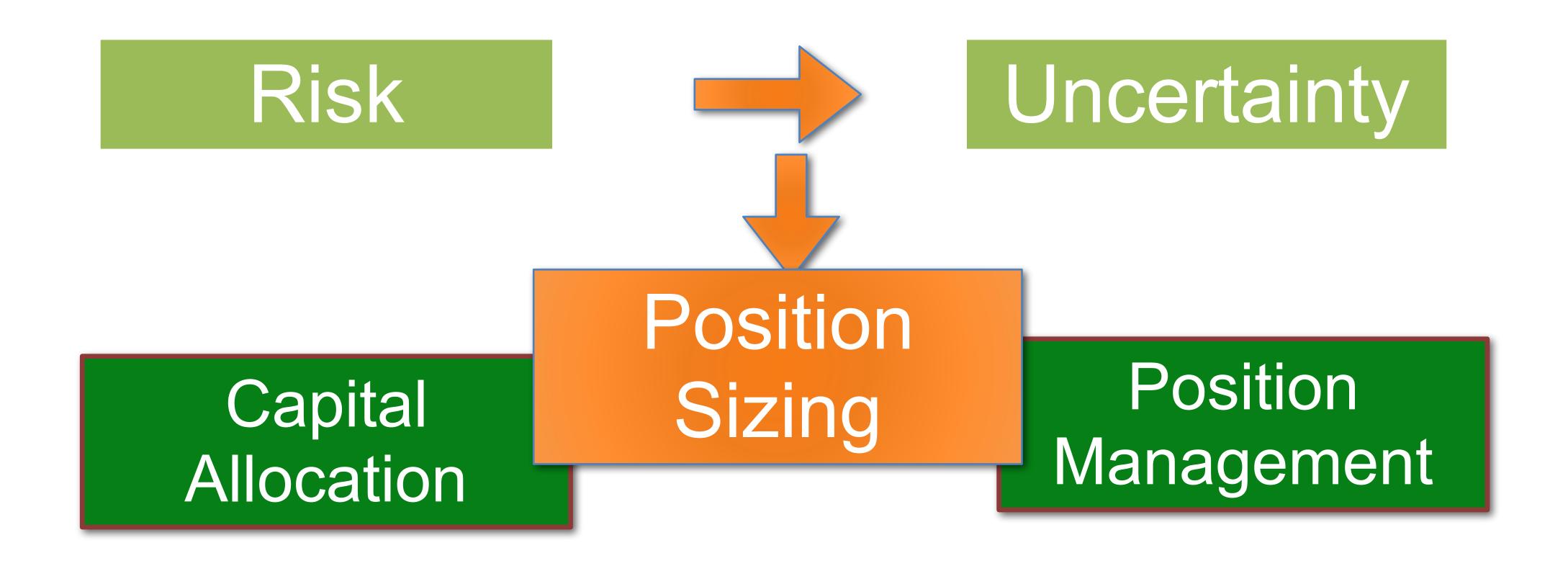
The math is easy – knowing what is best for you is hard

#### Risk Assessment











## Do you use "volatility" and "risk" interchangeably?



#### Do you see foregone profit as a loss?



## Do you always want to make the *maximum profit* on a trade?



## Are you willing to be put shares and then write calls?



# Are you willing to sell calls on the "stocks you love?"



The value of a position at the end of the day



- The value of a position at the end of the day
- The change in position value in a given day



- The value of a position at the end of the day
- The change in position value in a given day
- The change in your portfolio value at the end of a day



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- The change in position value in a given day
- The change in your portfolio value at the end of a day
- The change in your portfolio value in a given day
- Being assigned



- The value of a position at the end of the day
- The change in position value in a given day
- The change in your portfolio value at the end of a day
- The change in your portfolio value in a given day
- Being assigned
- Being called out



How do you define risk



- How do you define risk
- Do you associate sharp market moves with risk



- How do you define risk
- Do you associate sharp market moves with risk
- What do you think of more, big winners or big losers



- How do you define risk
- Do you associate sharp market moves with risk
- What do you think of more, big winners or big losers
- What impact and of what size has your biggest loss had on your trading



 Do you believe selling a call with a strike price below your cost basis is high risk



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- Do you believe selling a put creates risk



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- Do you feel using a new tactic is inherently risky

- Do you believe selling a call with a strike price below your cost basis is high risk
- Do you believe selling a put creates risk
- Do you have speculative or high risk component to your portfolio
- Do you feel using a new tactic is inherently risky
- Are you willing to risk capital to boost your cash income and if so by how much

#### Your Results



Taking the survey is more important than the results

A score of <u>75</u> or better shows you should be inclined to allocate capital more "aggressively"

A score of below <u>75</u> means you should adjust your trading at a pace related to your perception of risk

## High Score



>105 reflects both experience and understanding of emotional component of trading

I scored a 111
Then 122,131,138

#### Low Score



#### <35 is low

This is an indicator of your need to pace yourself as you begin using new tactics

#### Your Score



This score has *no impact* on your ability to learn – and what you may accomplish and earn through trading





#### The \$48,000 Mistake



Stocks lying there not generating income

A portfolio 25% "invested" in income underperforms a portfolio 95% invested in income

In a \$250,000 portfolio, that is a **\$48,000 mistake** 



• Goals define your portfolio structure



- Goals define your portfolio structure
- Goals define your trading tactics



- Goals define your portfolio structure
- Goals define your trading tactics
- Goals define your stock selection



- Goals define your portfolio structure
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- Goals define position management



- Goals define your portfolio structure
- Goals define your trading tactics
- Goals define your stock selection
- Goals define position management
- Goals define how you track performance

## Managing Assets



Capital



Income

#### Work from Goals



- •A 25% goal for cash and income defines one set of stocks and tactics
- •A 15% goal for cash and income defines a different set of stocks and tactics
- •In a \$250,000 portfolio, goals help you avoid the \$48,000 mistake

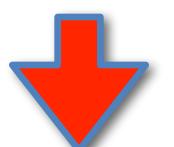


## A properly allocated portfolio can *target* a minimum income of 25% a year

#### Check Your Portfolio







Stock	Share	Next	Premium	Next	Premium
	Price	Put		Call	

#### Check Your Portfolio



We will walk through these results later on in this program

Stock	Share	Next	Premium	Next	Premium
	Price	Weekly		Weekly	
		Put		Call	
LULU					

#### Home Work



Tough stuff — watch a 10 minute video!

Fill out, play with, enjoy the income calculator on the members' website

The next BOOT CAMP SESSION is all about setting your income goals

## Tomorrow Night



See you tomorrow at 4:00 June 30 4:00 PM EDT

Boot Camp Session # Two Setting Income Goals



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